

February-18

Sumter School District Elementary Breakfast Menu




Monday

Tuesday

Wednesday

Thursday

Friday

<p>1% White Milk and Assorted Flavored Non Fat & Skim Milk Served daily at Breakfast and Lunch Breakfast and Lunch is free for all students</p> <p>Students wishing to get a second meal will have to pay the ala carte price of \$2.25 for breakfast and \$3.75 for lunch.</p> <p>Adult Breakfast - \$2.25 Adult Lunch - \$3.75</p> <p>Reminder - Menu Subject to Change Due to Food Availability</p>		  <p>February is American Heart Month <i>Eat Right to Maintain a Healthy Heart</i></p>			
			1 Pancake and Sausage on a Stick or Cinnamon Toast Cereal WG Graham Crackers Fresh Orange Wedges or 100% Grape Juice	2 Mini Cinnamon Roll or Frosted Flakes Cereal WG Graham Crackers Sliced Pears or 100% Orange Juice	
5 Apple Cinnamon Muffin w/ Cheese or Froot Loop Cereal WG Graham Crackers Sliced Peaches or 100% Apple Juice	6 Sausage Biscuit or Cinnamon Toast Cereal WG Graham Crackers Fresh Apple Wedges or 100% Orange-Pineapple Juice	7 Breakfast Pizza or Cocoa Puffs Cereal WG Graham Crackers Pineapple Tidbits or 100% Apple Juice	8 Mini Chocolate Chip French Toast Bites or Cinnamon Toast Cereal WG Graham Crackers Fresh Orange Wedges or 100% Grape Juice	9 Cheese Toast or Frosted Flakes Cereal WG Graham Crackers Sliced Pears or 100% Orange Juice	
12 WG Blueberry Poptart w/ Mozzarella Cheese Stick or Froot Loop Cereal WG Graham Crackers Sliced Peaches or 100% Apple Juice	13 Ham and Cheese Biscuit or Cinnamon Toast Cereal WG Graham Crackers Fresh Apple Wedges or 100% Orange-Pineapple Juice	14 Breakfast Pizza or Cocoa Puffs Cereal WG Graham Crackers Pineapple Tidbits or 100% Apple Juice	15 Mini Strawberry Pancakes or Cinnamon Toast Cereal WG Graham Crackers Fresh Orange Wedges or 100% Grape Juice	16 Pancake and Sausage on a Stick or Frosted Flakes Cereal WG Graham Crackers Sliced Pears or 100% Orange Juice	
19 Apple Frudel or Froot Loop Cereal WG Graham Crackers Sliced Peaches or 100% Apple Juice	20 Chicken Biscuit or Cinnamon Toast Cereal WG Graham Crackers Fresh Apple Wedges or 100% Orange-Pineapple Juice	21 Breakfast Pizza or Cocoa Puffs Cereal WG Graham Crackers Pineapple Tidbits or 100% Apple Juice	22 Mini Chocolate Chip French Toast Bites or Cinnamon Toast Cereal WG Graham Crackers Fresh Orange Wedges or 100% Grape Juice	23 Grits w/ Toast Scrambled Eggs or Frosted Flakes Cereal WG Graham Crackers Sliced Pears or 100% Orange Juice	
26 Blueberry Muffin w/ Mozzarella Cheese Stick or Froot Loop Cereal WG Graham Crackers Sliced Peaches or 100% Apple Juice	27 Ham and Cheese Biscuit or Cinnamon Toast Cereal WG Graham Crackers Fresh Apple Wedges or 100% Orange-Pineapple Juice	28 Breakfast Pizza or Cocoa Puffs Cereal WG Graham Crackers Pineapple Tidbits or 100% Apple Juice			

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