

January-19

Sumter School District Elementary Breakfast Menu

Monday

Tuesday

Wednesday

Thursday

Friday

1% White Milk and Assorted Flavored Non Fat & Skim Milk  
Served daily at Breakfast and Lunch  
Breakfast and Lunch is free for all students

Students wishing to get a second meal will have to pay the ala carte price  
of \$2.50 for breakfast and \$4.00 for lunch.

Adult Breakfast -\$2.50  
Adult Lunch- \$4.00

Reminder - Menu Subject to Change Due to Food Availability



No School



No School

3 Strawberry Poptart w/  
Mozzarella Cheese Stick or  
Froot Loop Cereal  
WG Graham Crackers  
Chilled Applesauce or  
Sliced Pears

4 Pancake on a Stick or  
Frosted Flakes  
WG Graham Crackers  
Sliced Peaches or  
100% Apple Juice

7 Mini Cinnamon Roll or  
Froot Loop Cereal  
WG Graham Crackers  
Chilled Applesauce or  
100% Orange Juice

8 Ham and Cheese w/  
WG Biscuit or  
Cinnamon Toast Cereal  
WG Graham Crackers  
Fresh Apple Wedges or  
100% Orange-Pineapple Juice

9 Breakfast Pizza or  
Apple Jacks Cereal or  
WG Graham Crackers  
Pineapple Tidbits or  
100% Apple Juice

10 Waffle w/  
Sausage Patty or  
Trix Cereal  
WG Graham Crackers  
Fresh Orange Wedges or  
100% Grape Juice

11 Grits w/ WW Toast  
Scrambled Eggs or  
Frosted Flakes  
WG Graham Crackers  
Sliced Peaches or  
100% Apple Juice

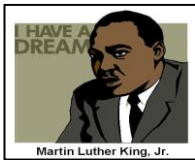
14 Apple Frudel or  
Froot Loop Cereal  
WG Graham Crackers  
Chilled Applesauce or  
100% Orange Juice

15 Chicken Patty w/  
WG Biscuit or  
Cinnamon Toast Cereal  
WG Graham Crackers  
Fresh Apple Wedges or  
100% Orange-Pineapple Juice

16 Breakfast Pizza or  
Apple Jacks Cereal or  
WG Graham Crackers  
Pineapple Tidbits or  
100% Apple Juice

17 WG Pancake  
Sausage Patty  
Hashbrown or  
Trix Cereal  
WG Graham Crackers  
Fresh Orange Wedges or  
100% Grape Juice

18 WG Blueberry Muffin w/  
Mozzarella Cheese Stick or  
Frosted Flakes  
WG Graham Crackers  
Sliced Peaches or  
100% Apple Juice



Martin Luther King, Jr.

MLK Holiday

22 Strawberry Poptart w/  
Mozzarella Cheese Stick or  
Froot Loop Cereal  
WG Graham Crackers  
Chilled Applesauce or  
Sliced Pears

23 Breakfast Pizza or  
Apple Jacks Cereal or  
WG Graham Crackers  
Pineapple Tidbits or  
100% Apple Juice

24 Pancake on a Stick or  
Trix Cereal  
WG Graham Crackers  
Fresh Orange Wedges or  
100% Grape Juice

25 Strawberry Yogurt w/  
WG Blueberry Muffin or  
Frosted Flakes  
WG Graham Crackers  
Sliced Peaches or  
100% Apple Juice

28 Mini Strawberry Pancakes or  
Froot Loop Cereal  
WG Graham Crackers  
Chilled Applesauce or  
100% Orange Juice

29 Sausage w/  
WG Biscuit or  
Cinnamon Toast Cereal  
WG Graham Crackers  
Fresh Apple Wedges or  
100% Orange-Pineapple Juice

30 Breakfast Pizza or  
Apple Jacks Cereal or  
WG Graham Crackers  
Pineapple Tidbits or  
100% Apple Juice

31 Cheese Toast or  
Trix Cereal  
WG Graham Crackers  
Fresh Orange Wedges or  
100% Grape Juice

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