

Monday

Tuesday

Wednesday

Thursday

Friday

1% White Milk and Assorted Flavored Non Fat & Skim Milk
 Served daily at Breakfast and Lunch
 Breakfast and Lunch is free for all students


Students wishing to get a second meal will have to pay the ala carte price of \$2.50 for breakfast and \$4.00 for lunch.

Adult Breakfast -\$2.50
 Adult Lunch- \$4.00

Reminder - Menu Subject to Change Due to Food Availability



1



No School

2



No School

3

Corndog or
 Hamburger on Bun
 Baked Beans
 Oven Potatoes
 Sliced Peaches or
 Pineapple Tidbits

4

Pepperoni Pizza Slice or
 Chicken Fajita Wrap
 Seasoned Green Beans or
 Steamed Corn
 Mandarin Oranges or
 Ridgfield Frozen Fruit Cup

7

Chicken Alfredo
 WW Breadstick or
 Toasted Club Sandwich on WW Bun
 Vegetable Medley or
 Wango Mango V-Juice
 Pineapple Tidbits or
 100% Fruit Blend Juice

8

Rotini Bake
 Baked Texas Toast or
 Munchable Lunch (Turkey and Cheese)
 Seasoned Green Beans or
 Sliced Carrots
 Blue Raspberry Applesauce or
 Chilled Pears

9

Grilled Chicken on WW Bun or
 BBQ Pork on WW Bun
 Baked Beans
 Seasoned Baked Fries
 Fruit Cocktail or
 100% Grape Juice

10

Country Style Steak w/ Gravy
 Steamed Rice
 Cornbread or
 Yoqurt Boxed Lunch
 Collards or
 Sweet Potatoes
 Mandarin Oranges or
 Fresh Apple Slices

11

Pepperoni Pizza or
 Ham and Turkey Flatbread
 Steamed Broccoli or
 Romaine Lettuce/ Tomato
 Mixed Berry Cup or
 Chilled Peach Cup

14

Fish Nuggets w/ Tartar Sauce
 Seasoned Yellow Rice
 WG Cornbread or
 Munchable Lunch (Turkey and Cheese)
 Steamed Tomatoes or
 Pinto Beans
 Banana or
 Mandarin Oranges

15

Teriyaki Chicken
 Steamed Rice or
 Yogurt Boxed Lunch
 Green Peas or
 Fresh Baby Carrots w/ Dip
 Sliced Peaches or
 Fruited Strawberry Gelatin w/ Topping

16

Beef Taco or
 Chicken Fajita Wrap or
 Romaine Lettuce/ Diced Tomatoes
 Steamed Corn
 Strawberry Fruit Cup or
 100% Grape Juice

17

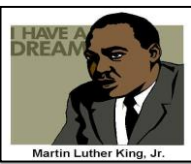
Spaghetti w/ Meat Sauce
 Garlic Toast
 Steamed Broccoli or
 Munchable Lunch (Ham and Cheese)
 Pineapple Tidbits or
 Fruit Cocktail

18

Club Sandwich
 Mozzarella Cheese Stick
 Vanilla Goldfish Cracker
 Cherry Star V-Juice
 Fresh Apple Wedges

Grab n' Go Meal

21



MLK Holiday

22

Corndog or
 Grilled Chicken on Bun
 Baked Beans
 Oven Potatoes
 Pineapple Tidbits or
 100% Fruit Punch Juice

23

Beef Ravioli w/
 WW Breadstick
 Steamed Broccoli or
 Munchable Lunch (Ham and Cheese)
 Sliced Peaches or
 Blue Raspberry Pears

24

Tetrazzini or
 Toasted Ham and Cheese on WW Bun
 Green Beans or
 Sliced Carrots
 Fruit Cocktail or
 100% Apple Juice
 Schoolmade Cinnamon Roll

25

Pepperoni Pizza Slice or
 Turkey and Cheese Flatbread Sandwich
 Romaine Lettuce/ Tomato/ Pickle
 Steamed Corn
 Sliced Peaches or
 Ridgfield Frozen Fruit Cup

28

Chicken Nuggets w/ BBQ Sauce
 Seasoned Yellow Rice or
 Yogurt Boxed Lunch
 Pinto Beans or
 Cucumber Coins and Cherry Tomatoes
 w/ FF Ranch Dressing
 Baked Cinnamon Apples or
 100% Fruit Punch Juice

29

Shepherd's Pie
 Cornbread or
 Munchable Lunch (Turkey and Cheese)
 Cucumber Coins and Cherry Tomatoes
 w/ Ranch Dressing or
 Steamed Cabbage
 Strawberry Fruited Gelatin w/ Topping or
 Sliced Peaches

30

Grilled Cheese Sandwich or
 Grilled Chicken Sandwich
 Vegetable Soup
 Tossed Salad w/ Dressing
 Blushing Pears or
 Chilled Applesauce

31

Baked Turkey w/ Gravy
 Steamed Rice or
 Munchable Lunch (Ham and Cheese)
 Collards or
 Sweet Potatoes
 Fresh Apple Wedges or
 100% Grape Juice