


October-18

Sumter School District Elementary Breakfast Menu

Monday		Tuesday		Wednesday		Thursday		Friday			
<p><b>1% White Milk and Assorted Flavored Non Fat &amp; Skim Milk Served daily at Breakfast and Lunch</b>  <b>Breakfast and Lunch is free for all students</b></p> <p><b>Students wishing to get a second meal will have to pay the ala carte price of \$2.50 for breakfast and \$4.00 for lunch.</b></p> <p><b>Adult Breakfast -\$2.50</b>  <b>Adult Lunch- \$4.00</b></p> <p><b>Reminder - Menu Subject to Change Due to Food Availability</b></p>											
1	<p>Strawberry Poptart w/ Mozzarella Cheese Stick or Froot Loop Cereal                      WG Graham Crackers                      Chilled Applesauce or 100% Orange Juice</p>	2	<p>Sausage Patty w/ WG Biscuit or Cinnamon Toast Cereal                      WG Graham Crackers                      Fresh Apple Wedges or 100% Orange-Pineapple Juice</p>	3	<p>Breakfast Pizza or Apple Jacks Cereal or WG Graham Crackers                      Pineapple Tidbits or 100% Apple Juice</p>	4	<p>WG Pancake Sausage Patty Hashbrown or Trix Cereal                      WG Graham Crackers                      Fresh Orange Wedges or 100% Grape Juice</p>	5	<p>Grits w/ WW Toast Scrambled Eggs or Frosted Flakes                      WG Graham Crackers                      Sliced Peaches or 100% Apple Juice</p>		
8	<p>Mini Cinnamon Roll or Froot Loop Cereal                      WG Graham Crackers                      Chilled Applesauce or 100% Orange Juice</p>	9	<p>Ham and Cheese w/ WG Biscuit or Cinnamon Toast Cereal                      WG Graham Crackers                      Fresh Apple Wedges or 100% Orange-Pineapple Juice</p>	10	<p>Breakfast Pizza or Apple Jacks Cereal or WG Graham Crackers                      Pineapple Tidbits or 100% Apple Juice</p>	11	<p>Pancake on a Stick or Trix Cereal                      WG Graham Crackers                      Fresh Orange Wedges or 100% Grape Juice</p>	12	<p>WG Blueberry Muffin w/ Mozzarella Cheese Stick or Frosted Flakes                      WG Graham Crackers                      Sliced Peaches or 100% Apple Juice</p>		
15	<p>Apple Frudel or Froot Loop Cereal                      WG Graham Crackers                      Chilled Applesauce or 100% Orange Juice</p>	16	<p>Chicken Patty w/ WG Biscuit or Cinnamon Toast Cereal                      WG Graham Crackers                      Fresh Apple Wedges or 100% Orange-Pineapple Juice</p>	17	<p>Breakfast Pizza or Apple Jacks Cereal or WG Graham Crackers                      Pineapple Tidbits or 100% Apple Juice</p>	18	<p>Waffle w/ Sausage Patty or Trix Cereal                      WG Graham Crackers                      Fresh Orange Wedges or 100% Grape Juice</p>	19	<p>Strawberry Yogurt w/ WG Blueberry Muffin or Frosted Flakes                      WG Graham Crackers                      Sliced Peaches or 100% Apple Juice</p>		
22	<p>Mini Cinnamon Roll or Froot Loop Cereal                      WG Graham Crackers                      Chilled Applesauce or 100% Orange Juice</p>	23	<p>Ham and Cheese w/ WG Biscuit or Cinnamon Toast Cereal                      WG Graham Crackers                      Fresh Apple Wedges or 100% Orange-Pineapple Juice</p>	24	<p>Breakfast Pizza or Apple Jacks Cereal or WG Graham Crackers                      Pineapple Tidbits or 100% Apple Juice</p>	25	<p>Pancake on a Stick or Trix Cereal                      WG Graham Crackers                      Fresh Orange Wedges or 100% Grape Juice</p>	26	<p>Grits w/ WW Toast Scrambled Eggs or Frosted Flakes                      WG Graham Crackers                      Sliced Peaches or 100% Apple Juice</p>		
29	<p>Strawberry Poptart w/ Mozzarella Cheese Stick or Froot Loop Cereal                      WG Graham Crackers                      Chilled Applesauce or 100% Orange Juice</p>	30	<p>Sausage Patty w/ WG Biscuit or Cinnamon Toast Cereal                      WG Graham Crackers                      Fresh Apple Wedges or 100% Orange-Pineapple Juice</p>	31	<p>Breakfast Pizza or Apple Jacks Cereal or WG Graham Crackers                      Pineapple Tidbits or 100% Apple Juice</p>						

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